

## The CASTLE Treatment:

A spiritual component consistent with traditional substance abuse care is merged with state-of-the-art knowledge about adolescent brain development into an innovative approach to substance abuse treatment.

Working with highly trained and skilled staff, teenagers have a rigorous daily schedule, including creating and meeting daily goals, having classroom time with specialized teachers, and attending groups like "Motivation to Change," "Stinkin' Thinkin'," "Triggers," "Relapse Prevention," and "Art & Music Therapy."

Young people from the community visit The CASTLE to give "commitments," talking about their personal battles with and victories over addictions.

Routinely viewed by our patients as inspiring and sobering, these "commitments" encourage our patients in their own recovery and abstinence. This and other therapies serve as springboards for discussion about relationships between parents and their children.



Southeast  
Regional  
Network, Inc.



### A Short-term Intervention Program for youth ages 13-17

with a substance abuse diagnosis, which may be accompanied by mental health issues

24-bed secured facility  
for male and female patients



A bedroom at The CASTLE

The unique architectural features reflect the program itself: innovative.

~ A High Point Treatment Center Program ~

"We embrace the premise that all individuals possess inherent goodness, worth, and dignity and have a purpose in life to achieve a reasonable degree of happiness."

Learn how to  
maintain the goals of  
being clean and sober

## The teenage brain is especially vulnerable to addictions...

Addiction can happen any time but never in a vacuum.

With an appreciation of an individual's home environment, social environment, self-concept, and biology, we help teens and their families to understand how addictions start and what fuels them.

Teens learn what needs to change, how to change, and how such change is really more in their control than they realized. The CASTLE helps teens learn how to replace drugs and alcohol with productive and constructive outlets, and enjoy these successes at home, in their social world, and the way they feel about themselves.

The CASTLE is a program of High Point Treatment Center, well-known for its quality care of adults struggling with addictions. That same quality is applied to adolescents, as we recognize that this population is at high-risk for lifelong addictions if not provided with early intervention and treatment.





One of five group rooms

*Services include*

- Medical Detoxification
- Addiction Services
- Acute Stabilization Services
- Dual Diagnosis Services
- Psychiatry
- Pediatric Medicine
- Psycho-educational Groups
- Individual Counseling
- Family Therapy
- Group Counseling
- Case Management
- Aftercare Planning
- 12 Step Meetings
- Traditional AA/NA Commitments
- Section 35 Services

# The CASTLE

Adjacent to  
Campello  
Commuter Rail Station

**Phone: 508-638-6000**

**Fax: 508-638-6099**

**e-mail: [castle.meadowbrook@hptc.org](mailto:castle.meadowbrook@hptc.org)**

## High Point Treatment Center

### Adolescent Outpatient Locations:

30 Meadowbrook Road  
Brockton, MA 02301

Phone: 508-742-4420; Fax: 508-742-4430

842 Purchase Street  
New Bedford, MA 02740

Phone: 508-992-1500; Fax: 508-994-0745

2 School Street  
Plymouth, MA 02360

Phone: 508-830-1234; Fax: 508-830-1191

4 Post Office Square  
Taunton, MA 02780

Phone: 508-823-5291; Fax: 508-823-5906

**Most insurances accepted,  
including MassHealth**

**~ Sliding fee scale ~**

# The CASTLE

At  
Brockton Meadowbrook  
Campus

**Clean And  
Sober Teens  
Living  
Empowered**



A short-term 24-hour addiction treatment program for adolescents who abuse or are dependent on alcohol or drugs, which may be accompanied by mental health issues

**20 Meadowbrook Road  
Brockton, MA 02301  
Phone: 508-638-6000**

